

# NOVEMBER NEWSLETTER



THIS MONTH'S THEME: BEING THANKFUL & GRATITUDE

## EVENTS:

### COOKING WITH LOVE

NOVEMBER 13TH 12-2 PM @  
LIVINGWELL FARM, 345  
WITMER RD, HERSHEY.  
PLEASE CALL TO RESERVE  
YOUR SPOT

### LIVE & LEARN

JOIN US EVERY TUESDAY, 12 -  
1 PM @ OUR HERSHEY OFFICE.

### 3D BALANCE

NOVEMBER 22ND 6-7PM @  
HERSHEY OFFICE, 20 VALLEY  
RD, HERSHEY

### THANKSGIVING FAMILY DINNER

NOVEMBER 21ST 6-8  
LIVINGWELL FARM,  
345 WITMER RD, HERSHEY

### LEARN MORE..

DON'T MISS OUT ON OUR UPDATES  
- SUBSCRIBE THROUGH OUR  
WEBSITE AND BE THE FIRST TO  
RECEIVE EXCLUSIVE INSIGHTS RIGHT  
IN YOUR INBOX.

FOLLOW US @LIVINGWELLINSTITUTE  
FOR INFORMATION ON MORE  
COMMUNITY EVENTS!

## HOLIDAY CELEBRATION

Join us for an evening  
filled with laughter,  
inspiration, and the  
celebration of 30 years of  
dedication to families in  
our community.

A festive flyer for a holiday celebration. The background is white with a border of red poinsettias and green pine branches. The text is centered and reads: "Please join us for a" followed by "Holiday Celebration" in a large, elegant cursive font. Below that, it says "30 years in business!". Then, "Tis' the season to celebrate Families4Families". The date and time are "December 1 6PM-8 PM". The location is "20 Valley Road, Hershey PA 17033". At the bottom, it lists "LivingWell Institute WellCare Chiropractic" with their respective logos. The LivingWell logo includes the tagline "Mind. Body. Spirit". Below that, it says "Sponsored by: LIFEGUIDE FINANCIAL ADVISORS".